

The McKenzie Lectureship Series and the Family Therapy Clinic are proud sponsors of the (dual-track) 2016 Family Therapy Symposium. This collaboration is the result of the newly established **Institute for the Study of Addiction, Recovery and Families** directed by Dr. Sterling Shumway. The Institute is located in the College of Human Sciences and is a function of three unique but interrelated centers: **The Center for Family Systems Research & Intervention** (CFSRI) co-directed by Drs. Nicole P. Springer and Douglas Smith; **The Center for Collegiate Recovery Communities** (CCRC) directed by Dr. Thomas Kimball; and **The Center for Addiction Recovery Research** (CARR) directed by Dr. Spencer Bradshaw. Building upon the success of both the Family Therapy Symposium and the McKenzie Lectureship Series, we are excited to announce that in 2017, the institute will host its first annual national conference.

It is our desire to provide an opportunity for students and professionals from multiple disciplines across the nation to earn valuable continuing education credits (CEU's) while advancing their professional knowledge and skills. Several talented speakers will share their expertise on important challenges related to addiction, recovery and contemporary family therapy topics.

The proceeds from this event will help to further serve uninsured clients in the community as well as support the operations and development of the Institute for the Study of Addiction, Recovery and Families.

Dept. Community Family & Addiction Sciences

Texas Tech University
Box 41250
Lubbock, TX 79409-1250



TEXAS TECH UNIVERSITY

Institute for the Study of Addiction,
Recovery & Families™

2016

Family Therapy Symposium

February 26th, 2016

(8:00am-5:00pm)



**Spiritually Informed
Psychotherapy**

Earn up to **7 CEU's** for
LCDC, LPC, LMFT, LCSW
& Psychologists

REGISTRATION:

Name: _____

Address: _____

Email (req'd): _____

Phone: (_____) _____

License #: _____ Specialty: _____ State: _____

Do you need a CEU Certificate? **Yes / No (circle)**

CHECK OPTION BELOW AND CIRCLE THE MORNING TRACK YOU WISH TO ATTEND:

____ Full Day (WITH lunch) (7 CEU's) **A or B**

____ AM ONLY (WITHOUT lunch) (3 CEU's) **A or B**

____ PM ONLY-ETHICS (WITHOUT lunch) (3 CEU's)

FEES: (Post-marked 2/01/16) (After 2/01/16)

FULL DAY:	\$95	\$110
AM OR PM ONLY:	\$60	\$75
Student-Professional	\$30	\$45

Do you need a **vegetarian** or **gluten-free** lunch - **Y/N**

PAYMENT TYPE:

____ CHECK ____ MONEY ORDER ____ DEBIT/CREDIT

If paying by credit or debit card, fax this form to **806-742-0053** and FTC staff will contact you to process your payment by phone.

MAIL FORM & CHECK PAYABLE TO:

TTU-Family Therapy Clinic

PO Box 41250

Lubbock, TX 79409-1250

****Registration confirmation will be sent to you via email. If you don't receive notice by February 12th, please contact us at 806-742-3074.**

Email: Nicole.Springer@ttu.edu



2016 Family Therapy Symposium

Morning Track A: (9:00am - 12:00pm)

"I want a divorce...but maybe not"

Presented By: Steven M. Harris, PhD
Professor, University of Minnesota

This workshop will highlight the results of a national survey of married couples who have been thinking about divorce. Differences between 'soft' and 'serious' thinkers will be presented. Assessment and engagement tools for working with this population will be discussed.

LUNCH: (12:00 - 12:45pm)

Institute Panel: (12:45 - 1:15pm)

Institute and center directors will share about the mission and vision of their centers and will review key clinical research being conducted by faculty within their respective centers.

Afternoon Track A & B: (1:30 - 4:30pm)

Ethical and Cultural Sensitivity:

Guiding clients through spiritual experiences

Presented by: Elizabeth Sabet, PCC, ACSLC
Sarah Stoune, M.Ed., LPC

Survey data indicates that clients often have negative experiences when disclosing their potential Spiritually Transformative Experiences (pSTEs) to mental health professionals. Information will be presented on the ethical and multicultural importance of addressing client's pSTEs, how to distinguish between symptoms of a pSTE and mental health disorders, as well as practical directions for how to sensitively guide clients towards an understanding and integration of their pSTEs.

Afternoon Track A & B: (4:30 - 5:00pm)

Research Poster Session:

Student and faculty research will be presented on a variety of relational and family topics.

Morning Track B: (9:00am - 10:30am)

Uncovering the Container of Spirituality: A clinician's approach

Presented By: Cynthia Dsauza, PhD, LMFTA &
George Comiskey, PsyD, LCDC

This session will include a review of literature on spirituality and recovery (rooted in a 12-step model), as well as current research findings. Presenters will discuss ways in which clinicians can incorporate spiritual principles into therapy.

Morning Track B: (10:30am - 12:00pm)

Eating Disorders: Recognizing warning signs and accessing nutrition therapy support

Presented By: Emmy Lu Trammell, MS, RDN, LD
Mckenzie T. Wilkes, MS

Presenters will provide an overview of eating disorders (ED) including all aspects of the disordered eating spectrum. Warning signs and awareness surrounding milder, and often overlooked, dysfunctional behaviors placing individuals at risk for an ED will be highlighted. Presenters will also shed light on the benefits of collaboration between nutrition professionals and mental health providers.

EVENT DETAILS: Friday's symposium will be held at TTU's **International Cultural Center** located at 601 Indiana Ave. at Indiana Ave and 7th St. Parking is free in the North lot of the ICC and in the TTU museum lot. **Registration will begin at 8:00am.** Coffee will be provided as well as a hot lunch and refreshments for full day attendees.

CANCELLATION POLICY: A \$20 processing fee will be applied for cancellations made **before February 12th**. Cancellations made less than two weeks prior to the symposium will NOT be refunded but can be applied to a future event. In the case of **inclement weather**, you will be notified by email and registration fees will be applied to the re-scheduled event date.